



With grant support from the National Institute of Mental Health and early collaborators, our team has built a behavioral health software tool called WILLOW to assist therapists to learn, use and sustain evidence-based practices and monitor their patients' outcomes.

We are now ready to test it.

In May 2017, we will launch a large **WILLOW clinical trial**. We are seeking mental health clinics who are interested in partnering with us as a research site. The clinics we are seeking may share our vision and commitment to evidence-based practice (EBP), have an interest in training their mental health providers to deliver measurement-based care and EBPs, or both!

**Are you part of or do you know mental health clinics with reputations for clinical excellence who may be outstanding research sites?**

More detail about WILLOW and becoming a research partner is provided below. Thanks in advance for any help you can offer in reaching colleagues and clinic leaders who may be interested!

**What is [WILLOW](#)?** Designed by providers for providers, WILLOW helps healthcare organizations and clinics deliver measurement-based care and train their workforce in EBPs. WILLOW's easy-to-use computer-assisted therapy, progress monitoring, and clinical decision support will help mental health care providers learn and apply state-of-the-art behavioral interventions for a wide range of problems, including:

- depression
- PTSD
- insomnia
- bipolar disorder
- suicidality

**Bird's Eye View of WILLOW Research:** Clinic partners will participate a randomized controlled clinical trial over 6-9 months. The study will examine WILLOW's effectiveness in treating depression compared to standard care in a 12-week trial treating depressed outpatients.

- Mental health providers are randomized to WILLOW or standard care; patients are assigned, or yoked, to mental health providers.
- Four assessment points (baseline, 4, 8, and 12 weeks).
- Total possible payment for assessments: Mental health providers = \$160 per patient; patients earn up to \$140.

**Who We Seek | Clinic Inclusion Criteria:** Participating clinics must meet the following criteria:

- Based in the United States.
- Eight or more mental health providers able to participate.
- Provide outpatient services for depressed patients with moderate depression.
- Have well-established processes and procedures for screening depressed patients.
- Involvement has strong support from clinic director and/or program manager.
- Clinic willing to designate a point person to work with EBPI on study logistics and implementation.

**Benefits to Clinics Participating in Clinical Trials:** In addition to WILLOW access for all participating therapists, clinics will receive up to 15 free licenses for other staff who wish to use WILLOW to:

- learn and do EBPs
- assess their consumer's problems using standardized measures
- view their patient's progress over time.

**Next Steps:** Go to [www.willow.technology](http://www.willow.technology) and complete the [brief online interest form](#). We'll circle back and arrange a time to provide a WILLOW demo and discuss partnering as a research site. If you prefer, you may call 206-455-7934, ext. 82.

**Interested In WILLOW but Not the Research Trials?** During the clinical trial phase of WILLOW, we will limit the number of openings for non-research organizations; however, we have a number of ways you can join our coalition of WILLOW builders and stakeholders. Our hope is that WILLOW will become a powerful vehicle to make EBPs more accessible to providers and consumers. If you are interested in WILLOW outside of participating in the clinical trials, please contact Angela Kelley Brimer at [info@willow.technology](mailto:info@willow.technology) or 206-455-7934 ext. 84.